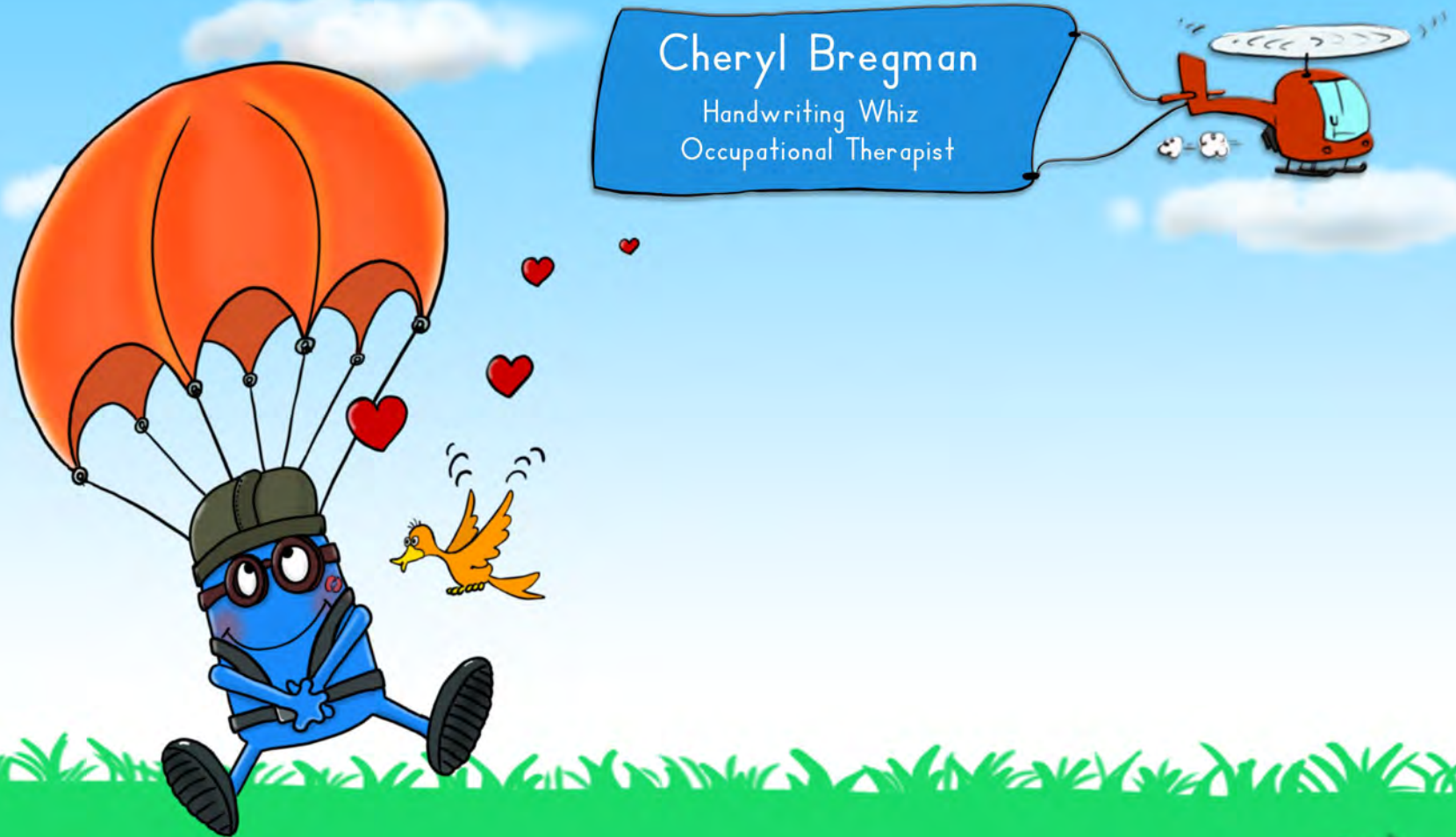






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Proper Positioning

Posture

- Feel flat on the floor
- Hips against the back of the chair
- Shoulders slightly forward
- Hand and forearms resting on the desk



Paper

For **right-handers**: place the Alphatool in the top left corner of the desk.



For **left-handers**: place the Alphatool in the top right corner of the desk.

- Position the writing paper parallel to the edge of the Alphatool.
- Hold the paper in place with the non-writing hand.

Pencil Grip



Place the pencil / marker on the Alphatool.



Pinch it right above the tip.



Flip it over into the thumb web space, between your thumb and pointer finger.



Hold the marker with your thumb and pointer finger, and rest it on your middle finger.



HANDWRITING HEROES!

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Alphatool

- Print and laminate the Alphatool.
- Cut along the dotted blue line to make two triangular shapes.

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Zz

Ss

Mm

Hh

Dd

Bb

Ee

Ii

Oo

Nn

Tt

Jj

Ff

Gg

Ll

Rr

Xx

Yy

Qq

Kk

Pp

Vv

Uu

Ww

Tt

Nn

Ii

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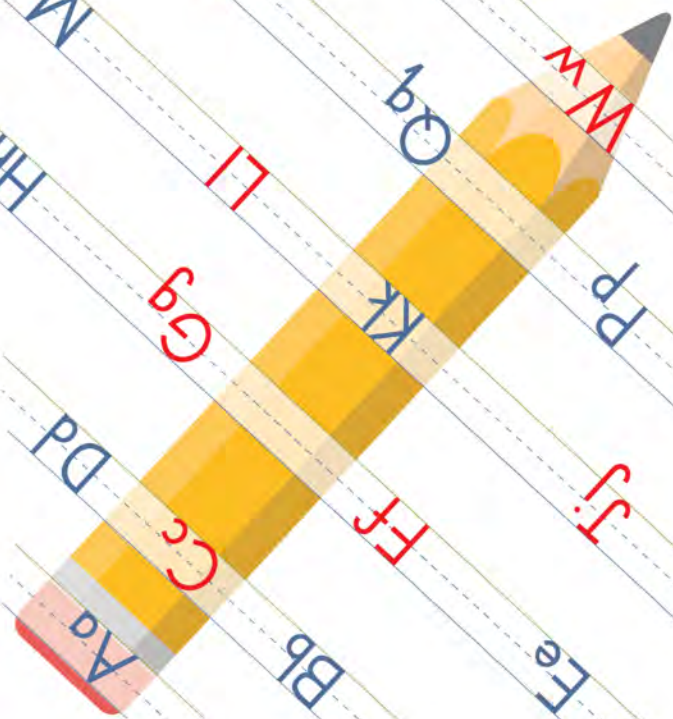
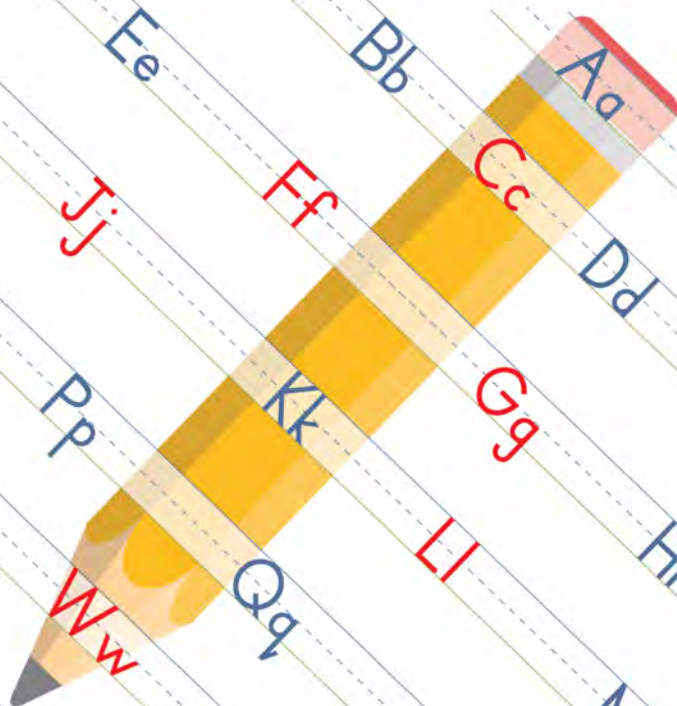
Cc

Hh

Mm

Ss

Zz



skydivers

l t k i j

skydive down



Skydiving down, down, down

Skydiving down

l, t, and k dive down from the top

Land on a lemon, get teased by a toucan and kissed by a cuckoo.

Skydiving down, down, down

Skydiving down

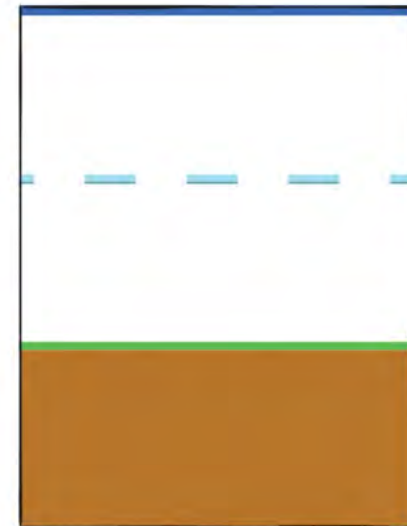
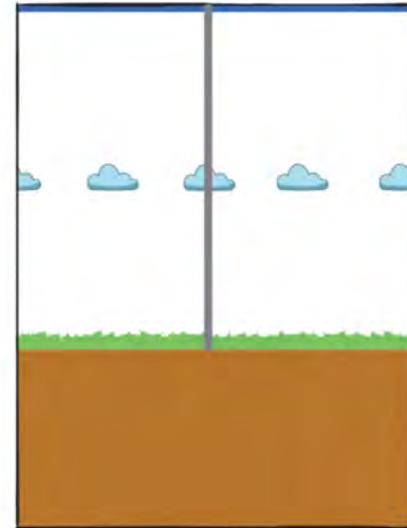
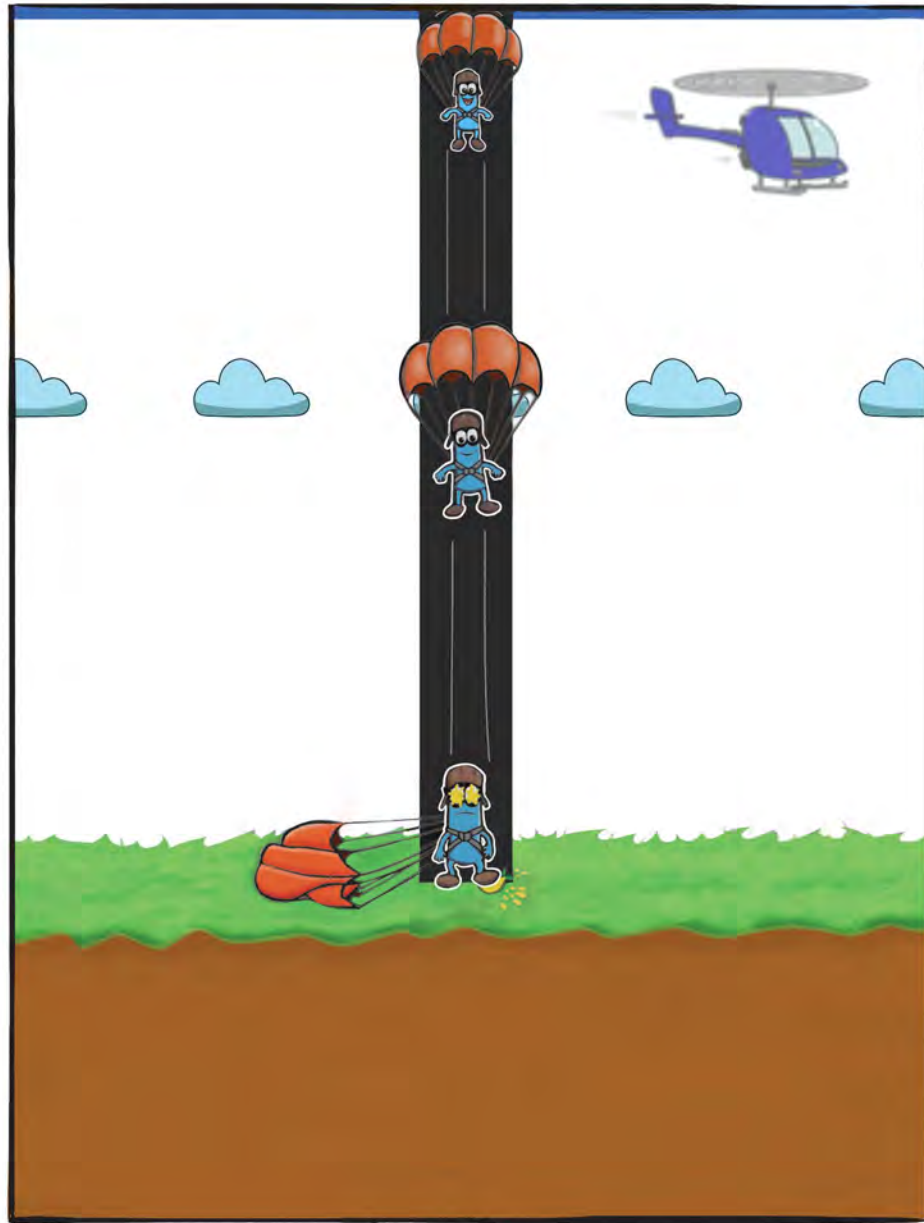
i and j dive down from the clouds

Get an itch from an ivy and dig up some jewels.

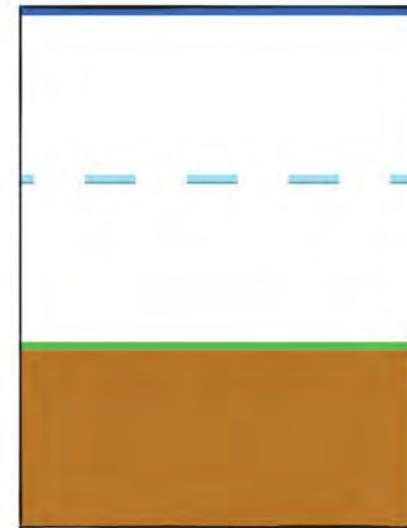
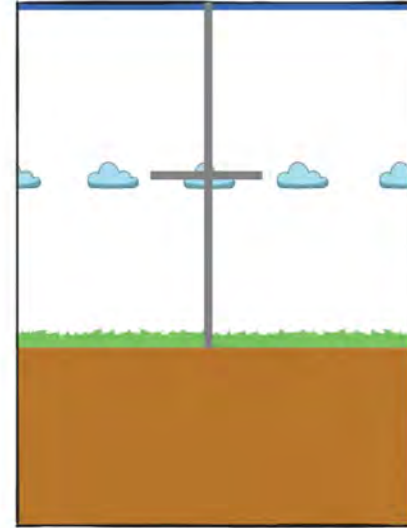
Skydiving down, down, down

Skydiving down.

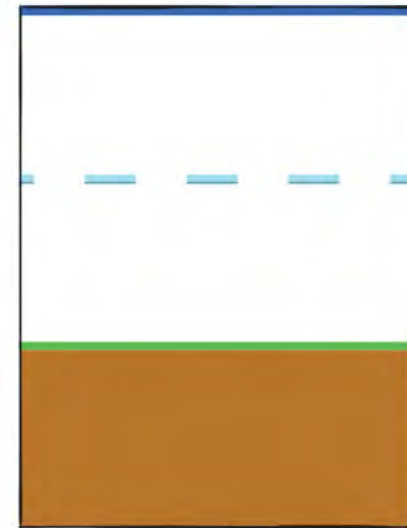
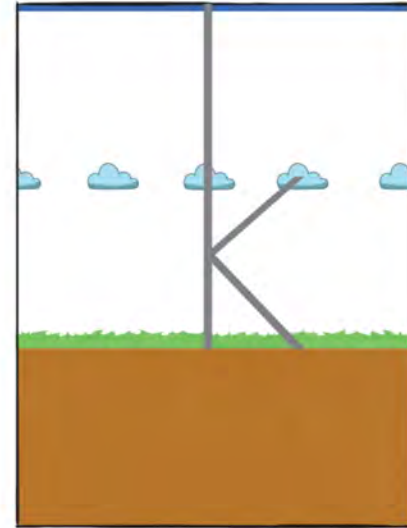
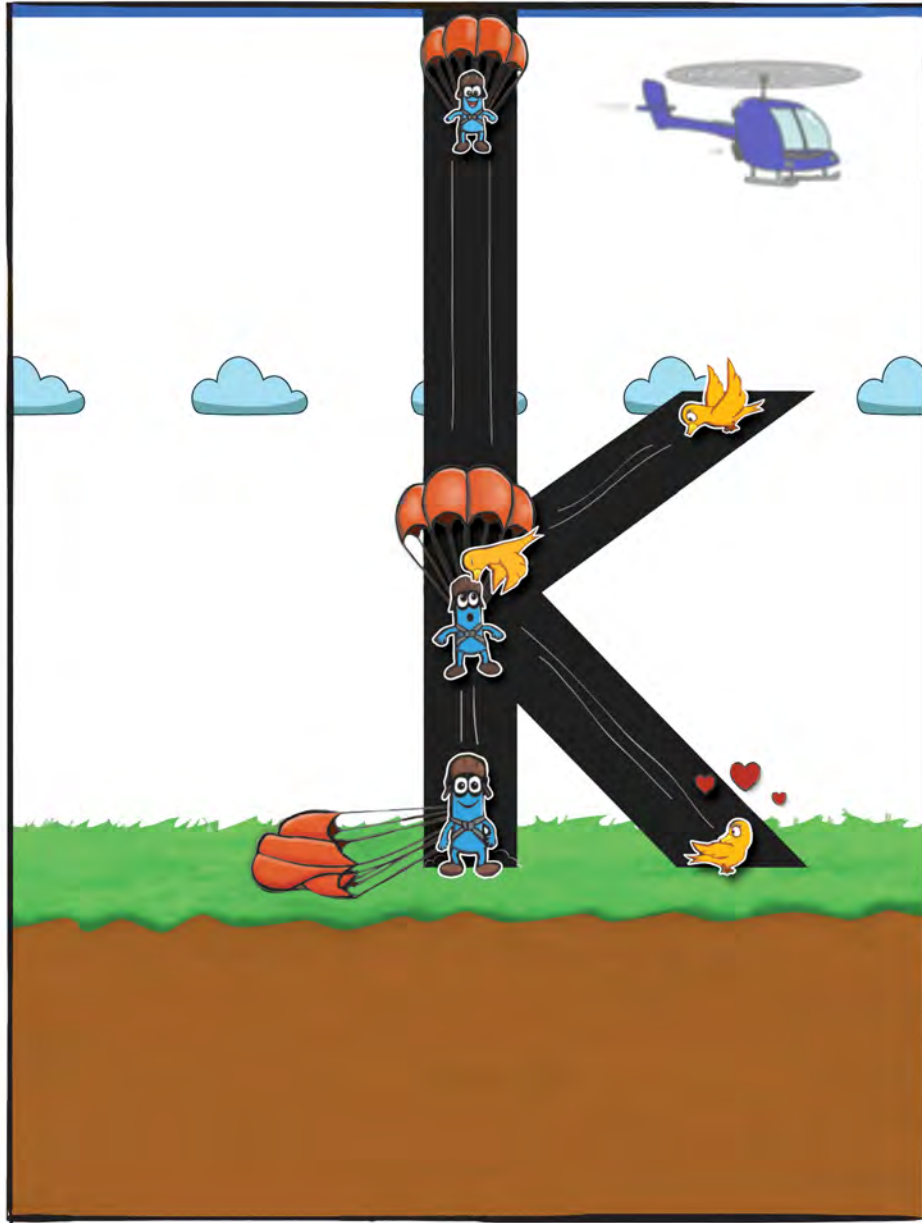
Say: | skydives down, and | lands on a |emon!



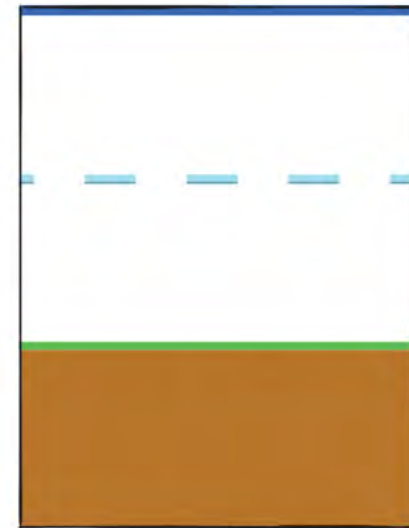
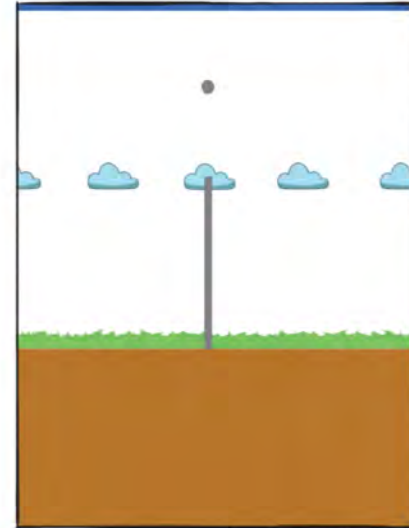
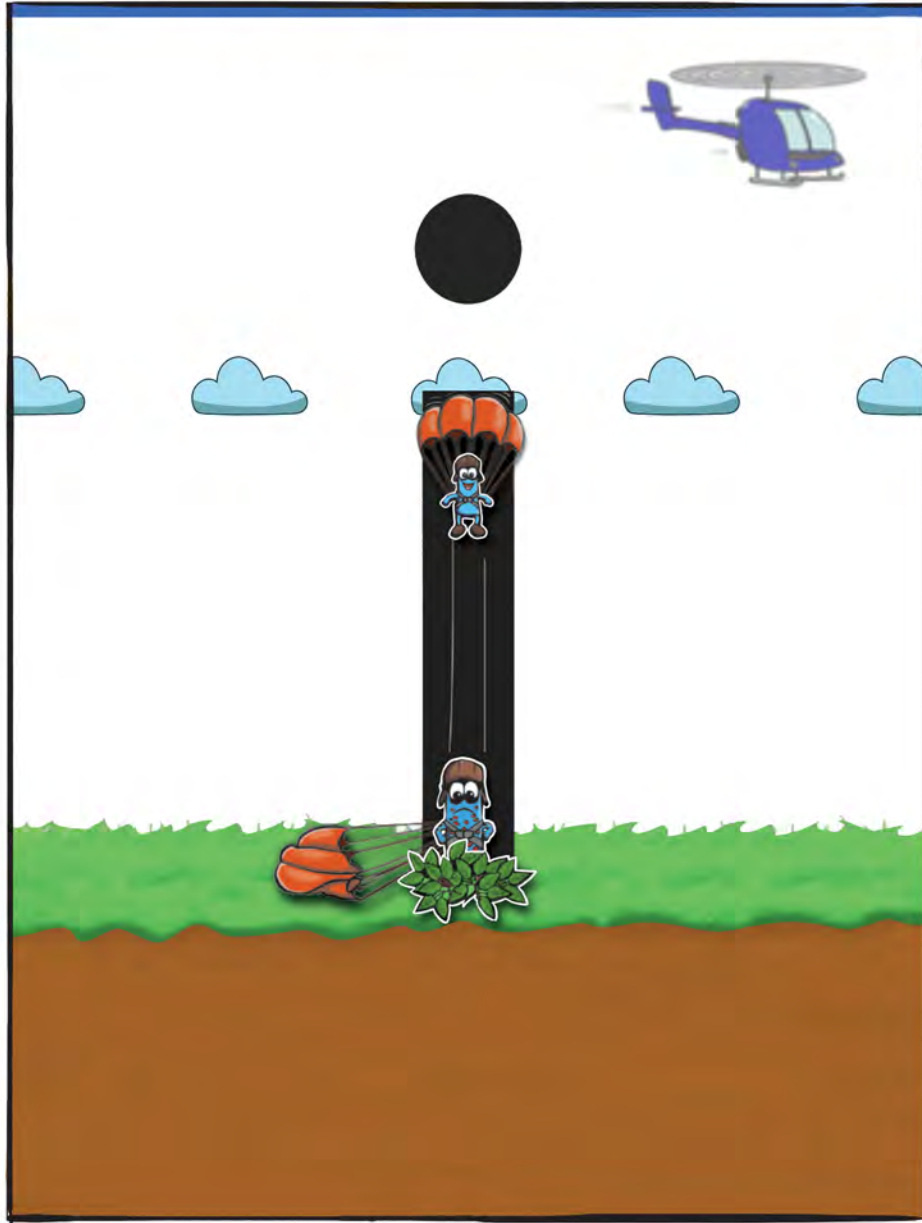
Say: † skydives down, then a †oucan †osses a †omato!



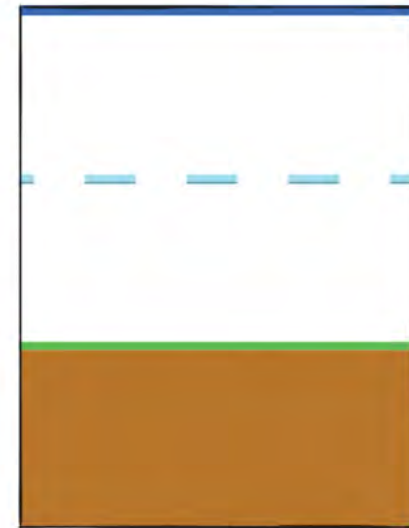
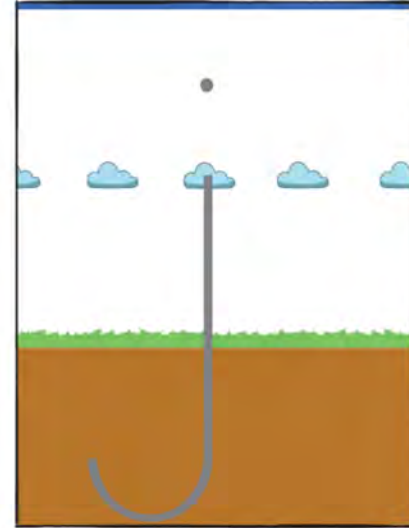
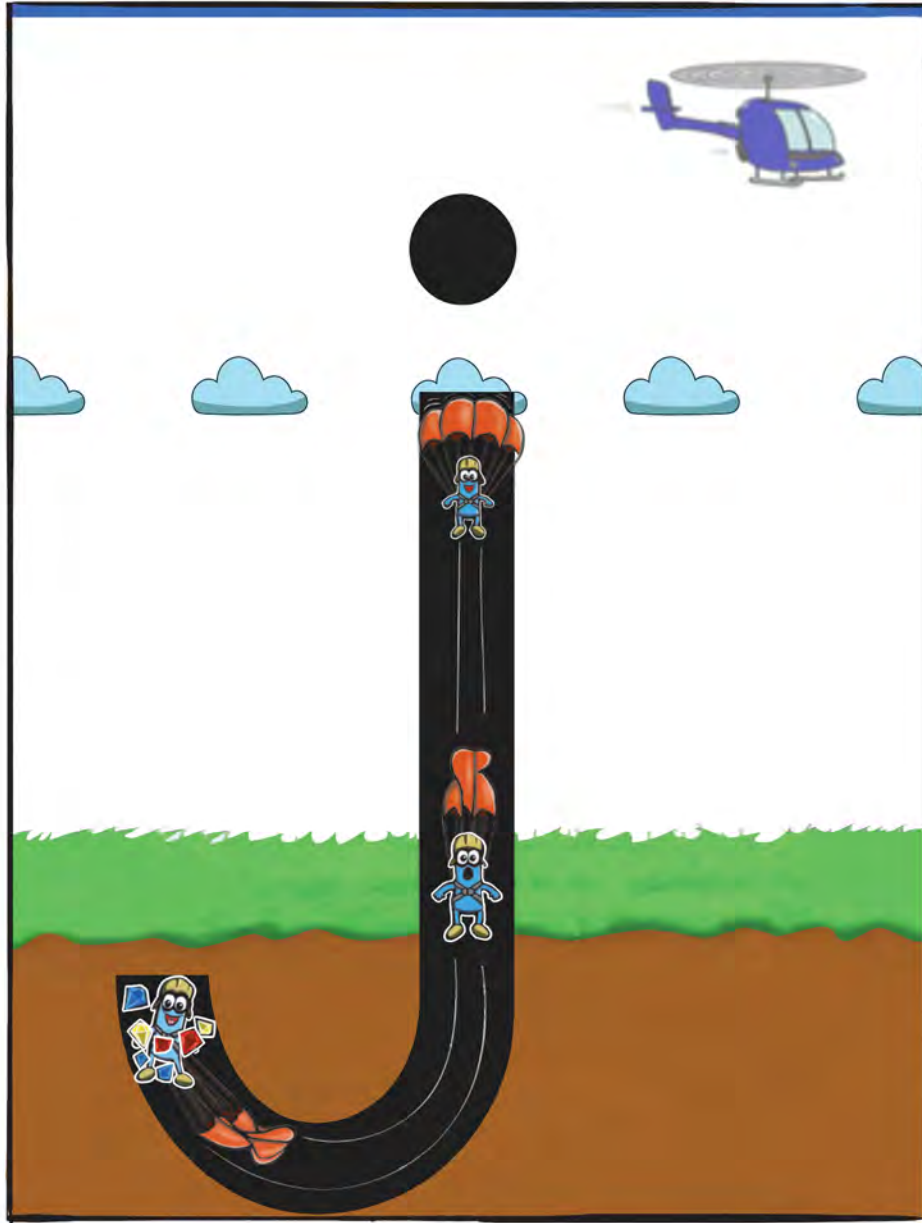
Say: k skydives down; a little bird kisses k and flies away!



Say: i skydives down into the ivy, gets itchy, then gets a dot on top!



Say: j skydives down into the dirt to find the j jewels, then gets a dot on top!





skydivers

Ready, set, check:

- ☐ paper
- ☐ pencil
- ☐ helping hand
- ☐ sitting tall

